

FACT SHEET

Facial Folds




Folds are formed by facial expressions, like deep wrinkles. The difference is that whereas wrinkles usually present as a series of contraction lines, a fold is usually a deepening of a single facial line where the expression occurs. The naso-labial folds (which run from the nose to the sides of the mouth) are the most common example.

Whereas many wrinkles can be relaxed with botulinum toxin injections such as Botox™, folds are sometimes in areas which can't be relaxed in this way. Instead, filler injections, such as Juvéderm™, Restylane™ or collagen must be used to plump the skin under the line and soften its appearance.

Your skincare routine for expressive folds should focus on preserving the skin's collagen structures. Intact collagen provides an even base for the upper layers of the skin. Daily use of an SPF 25+ sunscreen protects collagen against UV-induced degradation, while vitamin C and retinaldehyde can stimulate collagen producing cells to produce more collagen.



Our T_x for Facial Folds

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| PROCEDURES | Filler injections such as Juvéderm™ |
| DAY | <ol style="list-style-type: none"> 1. Rationale Preparatory Cleanser 2. Rationale Rejuvenating Serum 3. Rationale Daily Dose SPF 25  |
| NIGHT | <ol style="list-style-type: none"> 1. Rationale Preparatory Cleanser 2. Rationale Retinaldehyde Serum 3. Rationale Skin Refining Serum  |
| WEEKLY MONTHLY | <ol style="list-style-type: none"> 1. Procedure microPeel 2. Procedure Customised Peels  |